

## Curriculum Vitae

**PONGSON YAICHAROEN, M.D., Ph.D.**



**Office Address:** Department of Physiology, Faculty of Medicine  
Chiang Mai University  
110 Intrawaroros Road  
Sriphum, Mueang District, Chiang Mai 50200  
Thailand  
Phone : 00 66 53 935362-4  
Fax : 00 66 53 935365  
E-mail : [pyaicharoen@gmail.com](mailto:pyaicharoen@gmail.com)

Marital Status            Single

### EDUCATION

1990-1997      Bachelor Degree – Doctor of Medicine (M.D.) Chiang Mai University  
2005-2010      Doctor of Philosophy (Ph.D.) - Exercise physiology, School of sport science  
exercise and health, University of Western Australia, Perth, Western Australia

### PROFESSIONAL APPOINTMENT

1997-2020            Lecturer, Department of Physiology, Faculty of Medicine, Chiang Mai  
University, Chiang Mai, Thailand  
  
2020-Present            Assistant professor, Department of Physiology, Faculty of Medicine,  
Chiang Mai University, Chiang Mai, Thailand

### PROFESSIONAL LICENSES

1997-Present            M.D. (Thailand)  
2012-Present            Ph.D. (Australia)

## ORGANIZATION AND PARTICIPATION

1997-Present	Thai Physiology Society
2000-Present	Sports Medicine Association of Thailand
2022-present	World Rugby Educator level 2

## ACADEMIC ACTIVITIES

1997- Present	Instructor, Department of Physiology, School of Medicine, Chiang Mai University, Chiang Mai, Thailand
1997-Present	General practitioner at OPD CMU (Suandok) Hospital
2018- Present	Lecturer, Master of Science in Sport Science Program, Graduate School, Chiang Mai University, Chiang Mai, Thailand

## Special Academic Appointments

2000-Present	Graduate School Faculty, Chiang Mai University, Chiang Mai, Thailand
--------------	--

## RESEARCH ARTICLES

1. Chaisurin P, Klapajone J, **Yaicharoen P**. Effects of Synchronous and Asynchronous Music on Heart rate and Perceived Exertion during Aerobic Exercise: Pilot study. *Music and Medicine* 2020;12(2):92.
2. **Yaicharoen P**, Puangmali A, Silitertpaisan P, Pirunsan U, Kanta-In R, Ratananusornsakul S. Sport injuries of Chiang Mai University athletes and sport medicine management in The 44th University Sports of Thailand, academic year 2017. *Chiang Mai Medical Journal*, 58(2), 87-97. Retrieved from <https://he01.tci-thaijo.org/index.php/CMMJ-MedCMJ/article/view/110221>
3. Tongprasert S, Klaphajone J, **Yaicharoen P**. Physical fitness of fourth-year medical students at Chiang Mai University. *Chiang Mai Medical Journal*, 2014;53(1):7-14.
4. **Yaicharoen P**, Wallman K, Morton A, Bishop D, Grove RJ. The effects of warm-up on intermittent sprint performance in a hot and humid environment. *J Sports Sci* 2012;30(10):967-974.
5. **Yaicharoen P**, Wallman K, Morton A, Bishop D. The effect of warm-up on intermittent sprint performance and selected thermoregulatory parameters. *J Sci Med Sport* 2012;15(5):451-456.
6. **Yaicharoen P**, Wallman K, Bishop D, Morton A. The effect of warm up on single and intermittent-sprint performance. *J Sports Sci* 2012;30(8): 833-840.

7. Mikami, T., Kim, J., Park, J. *et al.* Olive leaf extract prevents obesity, cognitive decline, and depression and improves exercise capacity in mice. *Sci Rep* **11**, 12495 (2021). <https://doi.org/10.1038/s41598-021-90589-6>
8. Khamjing, C., et al. (2024). "Validity and Reliability of a Novel Jumping Jacks Test for Estimating Maximal Oxygen Consumption in Healthy Young Adults." Natural and Life Sciences Communications **24**.

## **RESEARCH FIELDS OF INTEREST**

Physiology of exercise